

# **KALIKA SELF- RELIANCE SOCIAL CENTER**

## **Final Summary report**

September-1 to November-30, 2020

### **Background:**

Kalika Self-Reliance Social Center (KSCC) Nepal, Baliyo Nepal and Rastriya banijya bank. KSSC plays role to execute activities of distributing "Posilo Litto" to 6-23 month baby, soap and mask to household for maintenance of hygiene and healthy behaviour, implementing 3 district of lumbini province Bardia, West nawalparasi and Kapilvastu district. Implementing area were 3 Rural municipality and 1 Municipality of West Nawalparasi, 1 municipality of Bardia and 1 Rural municipality of Kapilvastu which are named as: Susta, Pratapur, Palinandan, Sunuwal, Bijaynagar and Madhuwan.

Baliyo Nepal Nutrition Initiative, initiate a social movement for improving the nutritional status of the nation through multi sector partnership aligning private sectors. The major objectives of BNNI is to support the governments multi sector nutrition plan II (MSNP II) to attain the stunting reduction targets in partnerships with the government, private sectors, civil societies and external development partners. The BNNI campaigns of demand creation of fortified porridge and eggs to improve the nutritional status of children in Provience 5 before expanding the programs throughout the nation.

The nutrition project aiming to address the food insecurity due to COVID crisis impacts of continued lockdown in the country. The COVID 19 pandemic is a health and human crisis threatening the food security and nutrition, thus the project aiming to tackling malnutrition and promotes sanitation where the fortified porridge, soap and mask will be distributed.

### **Objectives of the Program:**

- Coordinating with local government and health facilities.
- Data collection from health facilities of 6-23 month baby.
- Distribute the fortified porridge to children form 6-23 month's age.
- Reduce nutritional deficiencies and increase intake of nutritious food along with mother's milk among 6-23 month children
- Increase intake of egg in complementary feeding of baby
- Distribute the mask and soap to sensitize the family member on hygiene and healthy behaviour.
- Distribute the nutrition relief package by maintaining the social distance and use of mask by every individual
- Evaluation of babies nutrition status who are facilitate by Sarvottam Litto at certain areas.

## **Methedology:**

The program was started from sep-1, 2020. Program implementation was started in the coordination with stakeholder at the implementing areas by the KSSC team. With good communication and coordination, program was planned and First distribution was started from Susta RM of west nawalparasi and concluded at Madhuwan Municipality of Bardiya on October 29, 2020.

The below describe the implementation of program on each areas:

### **Susta RM:**

The first distribution area was Susta RM. Distribution was completed within 3days from September 9 to september 11. Here we distributed 1324 number of Covid relief nutrition package to the 6-23 month babies. The distribution centers were selected with the collaboration with the chairperson, sub-chairperson and Health coordinator of the RM. There are 5 wards and the total numbers of distribution spot were 21 places. With the decision of local stakeholders the distribution center/spot are finalized and the program was conducted by maintaining social distance and proper use of safety method. Program was conducted in the participation of local stakeholders, government and political active people. On every wards of Susta Palika Health Facility Incharge supported for the distribution and by the local people as well.

### **Pratappur RM:**

The second distribution area was Pratappur RM. From September-14 to September-17 distribution program was organized. With Coordination meeting with Stakeholders of Pratappur RM where program objectives were shared and we took the Approval from Rural municipality. At second visit, we made a distribution planning in the presence of Rural Municipality Acting Chairperson, Chief Administrative Officer, Health Coordinator and Sub-Health Coordinator. Total number of distribution spot was 25 which were finalized by Health Coordinator.

Covid Relief nutrition package distribution Program was formally started in the presence of Acting Chairperson, ward chairperson, Health Post In Charge and FCHVs. At first some Nutrition packages were handover by Acting-chairperson and other stakeholders to beneficiaries then the distribution was continued till 5pm. Health Facility In charge and staffs supported during distribution in their catchment areas. Then at Last Day of distribution also Program was formally closed by Acting Chairperson with her valuable remarks with thanking to Baliyo Nepal and Kalika Social Self-reliance Center for distributing Nutrition packages to their Rural Municipality Children's. Distribution program was done within 4 days. Total numbers of beneficiaries were 1584 at Pratappur.

### **Palinandan RM:**

Continuously we moved to the Palinandan RM. Firstly we met with local stakeholders (RM Chairperson, Chief executive director and health Coordinator) on sep-20. During the meeting with the agreement of Stakeholders, RM chairperson claim to provide matching fund of RS 10,00,00 (One lakh) for the implementation of program.

The Implementation part of the Program was started on September 23 and continued till September 25. Due to heavy rainfall in that period distribution program was postponed and distributed on sep-28. There were 6 wards at Palinandan RM. With the help of each ward health facility incharge distribution was completed in Palinandan RM. 1416 number of Children were benefitted by nutrition package.

### **Bijaynagar RM :**

After distribution at palinandan we moved to the Bijaynagar RM of kapilvastu. On September-30. Program was organized with the help of RM chairperson, Sub Chairperson and Health coordinator. There were 7 distribution spot at bijaynagar RM. Distribution spot was made with the agreement of Health Coordinator. At first hour, program was inaugurated by the RM head from the ward no. 5 by handing over the posilo litto, soap and mask for some 6-23 month old babies. After giving message about the program objectives and importance to the household member of every beneficiaries, distribution program was continued to till 5 pm at each ward of Bijaynagar RM. Some babies which are left out by the nutrition package on September 30, next day those mothers were provided with the covid relief nutrition package. With the help of every Health facility incharge, program was conducted effectively and made sure that no child of any ward was left out. Total 1518 babies were benefitted by the posilo litto, mask and soap at Bijaynagar RM.

### **Sunuwal Municipality:**

Likewise we were about to organize meeting with the stakeholders at sunuwal Municipality, the municipality was shield due the rising number covid cases. After some days we were able to make a planning meeting at sunuwal municipality. On October-11, we were invited at their regular monthly meeting where we shared our program objectives and got permission for the distribution. On October-13, we had a planning meeting with health coordinator and sub-health coordinator. With the decision of stakeholders distribution date was decided on October 21 and 22. There were 13 wards at sunuwal municipality. With the decision of health coordinator, distribution spot was decided and the distribution center was health facility of each wards. Monitoring and evaluation was done by the local stakeholders and distribution was done by every health facility staff and the volunteer of baal maitre.

On day 1, Covid relief nutrition package were distributed in 7 wards. Distribution was done by every health facility staff and balmaitri volunteer.

On day 2, remaining 6 wards distribution were continued. Our KSSC executive director had a visit at sunuwal municipality at ward number -5, where formal program was organized in presence of health coordinator, sub-health-coordinator, ward chief and health facility incharge. With the help of health facility incharge of each ward we were able to organize the program on sunuwal municipality in 2 days. Total 1840, 6-23 month babies were provided by posilo litto, soap and mask.

### **Bardiya Municipality:**

After completion of 5 distribution areas of west Nawalparasi and kapilvastu, Madhuwan Municipality of Bardiya was the last area left to organize the program. With the coordination with stakeholders by our field staff, we had a meeting on October-15 sharing the program objectives. With the decision of Municipality head, distribution program date was finalized on October -19. Due to late delivery of litto, program was postponed after dashain. Program date was fixed on 29- October.

There are 9 wards at Madhuwan municipality. The distribution area was confirmed by the RM head and Health coordinator and the distribution center were each Health facility of all wards. With help of health facility staff distribution program was done effectively. Total 1852 beneficiaries were benefitted by the covid relief nutrition package.

**The total number beneficiaries of all 4 RM and 3 municipality are listed below:**

S.N	Municipality/Rural municipality	Number of Beneficiaries	District
1	Susta RM	1324	West- Nawalparasi
2	Pratappur RM	1584	
3	Palinandan RM	1416	
4	Sunuwal Municipality	1840	
5	Bijaynagar RM	1518	Kapilvastu
6	Madhuwan Municipality	1852	Bardiya
7	Kapilvastu Municipality	743	Kapilvastu
<b>Total</b>		<b>10277</b>	

#### **Major Output:**

1. Implementation of EHP program makes to conduct the program easier at given areas.
2. Use of mask habit is changed at many family members on beneficiaries.
3. Because of good taste of sarvottam litto, those family members are buying it from shop for their baby.
4. Weight gained in many babies after consumption of sarvottam litto, according to the Sub- chairperson of Bijaynagar RM.
5. 6-23 month baby mothers, and family members have been encouraged to prepare healthy and nutritious complementary food at household level and also for active feeding to their children.

#### **Positive aspect:**

1. Involvement of Stakeholders, In charge of Health post and FCHVs at the Distribution Center make distribution effective.
2. Support of FCHV's at distribution spot without any incentives.
3. Many Underprivileged and disadvantages family were benefitted by nutrition package.

#### **Challenges:**

1. Due to inaccessible of nutrition package on time, package were not distributed on given time which leads to regather beneficiaries on the distribution center.
2. Many children were not benefitted by the package because of short period of distribution.

#### **Lesson learnt:**

1. FCHVs must be use as a mediator for giving information in their catchment area rather than involving in distribution area as a volunteer.
2. Most of the People had brought EPI card which leads very effective method for ensuring children.
3. Same number of sarvottam lito must be distributed at every distribution areas.

### **Recommendation:**

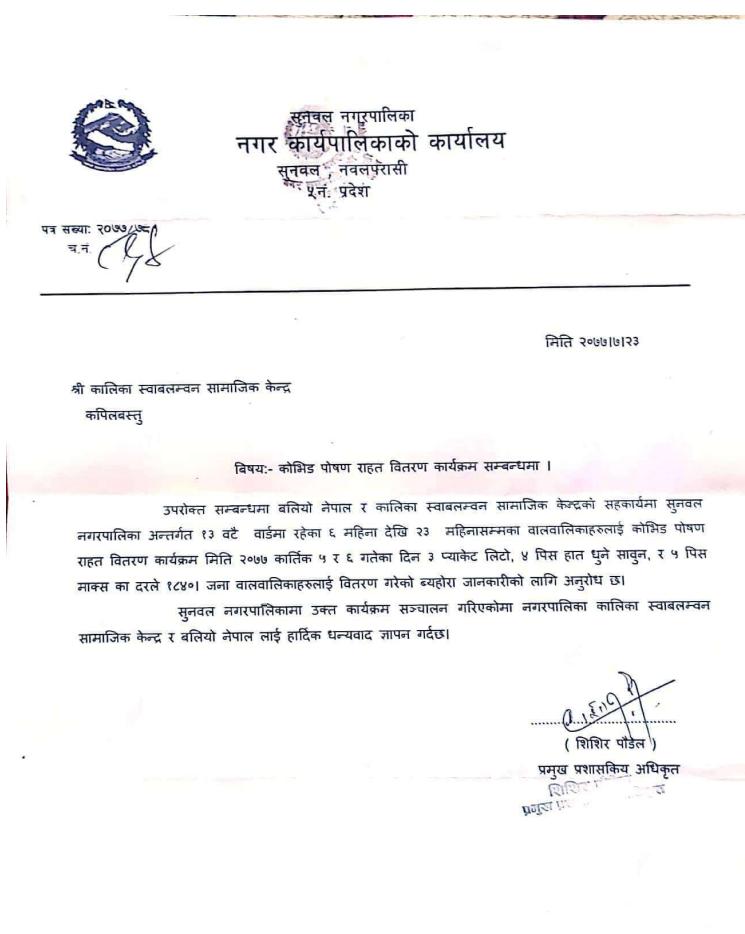
1. Nutrition Package must be timely delivered on the distribution spot before the distribution day.
2. Matching fund from palikas must be discussed before distribution, so they can take ownership and mobilize human resources that would definitely make the program effective.

### **Conclusion:**

Distribution was successfully distributed as per the planning. Total 9270 Children were given “Posilo Lito”, mask and soap. According to health coordinator of each RM and Municipality many malnourished children will recover by the nutrition package. Municipalities Stakeholders thankful and give appreciation letter to KSSC.

**Here is the some Picture of implementting phase of distribution program:**

#### **Pictures:**



**Fig: Thanking letter from Sunwal municipality for posilo litto distribution**



**Fig: Litto handover by Program Manager of BNNI**



**Fig: Registration of baby and mother**



**Fig: Objectives sharing of the program**



**Fig: Handover of Nutrition Package by FS:**



**Fig: Handover of Sarvottam litto, mask and soap by Acting-chairperson of Pratappur RM.**



**Fig: Handover of nutrition package by Hapur H.P Incharge to 18 months baby mother**



**Fig: Handover of Posilo litto, soap and mask by Executive Director of KSSC to baby mother**



**Fig: Objectives sharing of program by Executive Director of KSSC and sunwal municipality.**



**Fig: Monitoring of distribution site at sunwal municipality**